



CAMP OCCOHANNOCK ON THE BAY

The Ultimate Summer Staff Checklist



BEDDING

- Sleeping Bag
- Twin Sheets (for hot nights)
- Extra Blanket (for cool nights)
- Pillow and Pillowcase

TOILETRIES

- Shampoo/Conditioner
- Soap
- Toothbrush
- Toothpaste
- Deodorant
- Hairbrush
- Bath Towel(s)
- Washcloth

CLOTHING

- Long Pants
- T-Shirts (one change per day)
- Shorts (no tight fitting or short shorts, please)
- Long Sleeve Shirt
- Sweatshirt/Hoodie/Light Jacket
- Pajamas/Sleepwear
- Underwear (one change per day)
- Socks, socks, and more socks
- Rain Gear (poncho, rain jacket, boots, etc.)
- Hat/Visor (to block the sun) or Bandana
- Two Pairs of Closed-Toe Shoes (running, biking, etc.)
- Shower Shoes (flip flops are fine) (optional)

WATER GEAR

- One piece swimsuit/tankini (for females)
- Swim Trunks (for males)
- Water Shoes/Strap-On Sandals (no flip flops)
- Beach Towel
- Sunscreen (at least 30 SPF)

OTHER ESSENTIAL ITEMS

- Bible
- Water Bottle (no glass)
 - o Water bottles are available for purchase through the camp store for \$8.42
- Notebook/Pen/Pencil
- Small Flashlight (with extra batteries)
- Bug Repellant
- Day pack/Book bag to carry water bottle, etc.
- Separate small bag for overnight campout
- Laundry Bag for dirty clothes (optional)
- Large plastic bag for wet clothes/shoes
- All Medications (in the original box/container)

OPTIONAL ITEMS

- PFD (lifejacket)
- Fishing Rod
- Watch
- Sunglasses (non-valuable)
- 2+ Person Tent (for campout night)
- Sleeping Pad
- Swimming Mask/Goggles
- Stamps/Envelopes
- Book (for rest time)
- Dry Bag
- Camera (NOT PHONE)

WEEKEND & STAFF LOUNGE

Money (we will try to do activities each weekend)
 Food, Drinks, Candy, Snacks, Gum (Lounge Only)
 Electronic Devices -TV, Video Game System, Movies, Music, iPod, i-everything.(Lounge Only)

Board Games or Card games

Remember the lounge can be used by staff only so only bring what you want to share.

PAPER WORK (NEEDS TO BE IN THE DAY YOUR ARRIVE)

- Summer Camp Application
- Copy of License
- Copy of First Aid/CPR
- Copy of Any Other Certifications
- Health Form
- W-4 Form
- VA4 Form
- I-9 Form
- Background Check

PACKING INFORMATION

- **Write your name on ALL items!** Remember, you will be sleeping in your cabin all summer long. (except for campout night), and your space is limited. Cabins have window-unit air-conditioners if needed. Keep your packing simple and minimal. Remember camp is a place for exploring and playing hard. Counselors should be able to get wet and dirty without undue concern for clothing. Old clothes are the best option.
- Occohannock on the Bay provides all necessary program, camping, first aid & safety gear, and all cabins have A.C. units and fans.
- OOTB is not responsible for the loss or destruction of counselors' personal property, sports equipment, or animals.

